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		MAÑANA MORNING			MEDIODÍA MIDDAY		TARDE AFTERNOON			NOCHE NIGHT
FAMILY WELLNESS DAY 11:00-13:00 13 €/PAX LUNES MONDAY		09:00 - Be Aloe SUN SALUTATION 	10:00 - Be Aloe 4km WALKING 	11:00 -Gym FITBALL EXERCISES 	12:00 - Pool7floor POOL BIKE 	14:00 - Gym CORE & BALANCE 	15:00 - Gym CIRCUIT TRAINING 	16:00-Be Aloe STRETCH 	21:00 - The S Club LIVE MUSIC 	
MARTES TUESDAY		9:00 - Be Aloe TAI CHI-CHI KUNG 	10:00 - Be Aloe PILATES 	11:30 - Be Aloe CELLULITE 	12:00 - Pool7floor AQUAGYM 	13:00 - Pro Shop GOLF CLINIC 15€ 	14:00 - Gym TRX 	15:00 -Be Aloe AQUASTRETCH 	16:00 - Be Aloe ALOE VERA WORKSHOP 	21:00 - The S Club LIVE MUSIC 
MIÉRCOLES WEDNESDAY	BOOK THESE EXTERNAL ACTIVITIES IN OUR MAIN RECEPTION.	KAYAK From 50€ 	DOLPHIN From 35€ 	HIKING From 55€ 	WINDSURF From 55€ 	DIVING From 55€ 	GOLF LESSONS Proshop: 60€ 1 pax//80€ 2pax 		21:00 - The S Club LIVE MUSIC 	
FAMILY WELLNESS DAY 14:00-16:00 13 €/PAX JUEVES THURSDAY		9:00 - Be Aloe YOGA 	10:00 - Be Aloe 4KM WALKING 	11:30 -Be Aloe CELLULITE 	12:00 - Pool7floor AQUAGYM 	13:00 - Be Aloe INFO SPORT 	14:00 - Be Aloe MEDITACION+BALL MASAGE 		16:00-Be Aloe PILATES 	21:00 - The S Club LIVE MUSIC 
VIERNES FRIDAY		9:00 - Be Aloe SUN SALUTATION 	10:00 - Gym G.A.P. 	11:30 - Be Aloe CELLULITE 	12:00 - Pool7floor POOL BIKE 	13:00 - Be Aloe INFO SPORT 	14:00 - Gym TRX 	15:00 - Be Aloe ALOE VERA WORKSHOP 	16:00 - Be Aloe TAI CHI-CHI KUNG 	21:00 - The S Club LIVE MUSIC 
SÁBADO SATURDAY	BOOK THESE EXTERNAL ACTIVITIES IN OUR MAIN RECEPTION.	KAYAK From 50€ 	DOLPHIN From 35€ 	HIKING From 55€ 	WINDSURF From 55€ 	DIVING From 55€ 	GOLF LESSONS Proshop: 60€ 1 pax//80€ 2pax 		21:00 - The S Club LIVE MUSIC 	
DOMINGO SUNDAY		9:00 - Be Aloe PILATES 	10:00 - Gym FITBALL EXERCISES 	11:00 - Be Aloe AQUASTRETCH 	12:00 - Pool7floor POOL BIKE 	13:00 - Be Aloe INFO SPORT 	14:00 - Gym CORE & BALANCE 	15:00 - Gym CIRCUIT TRAINING 	16:00 - Be Aloe YOGA 	21:00 - The S Club LIVE MUSIC 

•El Hotel no se hace responsable de cualquier daño derivado de la práctica de estas actividades. Es responsabilidad del cliente y no se recomienda realizarlas en caso de no estar preparado físicamente o tener una alguna dolencia.
The Hotel doesn't take any responsibilities of any damage part of the activities. The client is responsible and we don't recomend be part of the activities if you are not fisic healthy or have any healthy concerns.
GOLF LESSONS EVERY DAY FROM 9 TO 17 60€/1 PAX 80€/2 PAX BOOKING: PROSHOP